





# McGovern Commons

# March 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 <b>Spiritual Reflection</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 Nazareth News(Ch. 901) 3:00 <b>Prayer Service</b> (Ch. 901) 3:30 Balloon Swat (AR)	2 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Stations of the Cross (Ch. 901) 2:00 Catholicism Series – Part 5 (Ch. 901) 3:00 <b>Blanket Making</b> (AR)	3 9:30 <b>Saints Alive–Live Anew Speaker:</b> S. Pam Harding, CSJ (Ch. 901) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 901) 11:00 <b>Mass</b> (Chapel) 2:00 Chair Yoga (Ch. 901) 2:00 This Month in History (AR) 3:00 <b>Harp &amp; Contemplative Prayer</b> (Ch. 901)	4 9:30 <b>Spiritual Reflection</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 1:1 Nail Care 2:00 <b>Musical Revival – Anastasia</b>	5 9:30 <b>Cooking Group</b> (AR) 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 <b>Bingo on Marian</b> 5:30 <b>Movie Night</b> (Ch. 901)	6 9:00 <b>Lutheran Service</b>
7 10:30 <b>Mass</b> (Ch. 901)	8 9:30 <b>Spiritual Reflection</b> (Ch. 901) 10:00 <b>Music Therapy</b> (AR) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 Nazareth News(Ch. 901) 3:00 <b>Prayer Service</b> (Ch. 901) 3:30 <b>Noodleball</b> (AR)	9 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Stations of the Cross (Ch. 901) 2:00 Catholicism Series – Part 6 (Ch. 901) 3:00 <b>Reminiscence – Simple Pleasures</b> (AR)	10 9:30 <b>Saints Alive–Live Anew Speaker:</b> S. Linda Straub, CSJ (Ch. 901) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 901) 11:00 <b>Mass</b> (Chapel) 2:00 Chair Yoga (Ch. 901) 2:00 <b>Jeopardy</b> (AR) 3:00 <b>Harp &amp; Contemplative Prayer</b> (Ch. 901)	11 9:30 <b>Spiritual Reflection</b> (Ch. 901) 10:00 <b>Drums for Fun</b> (AR) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 1:1 <b>Craft</b> (AR) 2:00 <b>Irish Tunes w/ Laura &amp; Victoria</b>	12 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 <b>Bingo on Marian</b> 5:30 <b>Movie Night</b> (Ch. 901)	13 9:00 <b>Lutheran Service</b> 1:00 <b>Movie</b>
14 10:30 <b>Mass</b> (Ch. 901) 	15 9:30 <b>Spiritual Reflection</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 Nazareth News(Ch. 901) 3:00 <b>Prayer Service</b> (Ch. 901) 3:30 Balloon Swat (AR)	16 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Stations of the Cross (Ch. 901) 2:00 Catholicism Series – Part 7 (Ch. 901) 3:00 <b>Reminiscence – Train Travel</b> (AR)	17 <b>St. Patrick's Day</b> 9:30 <b>Saints Alive–Live Anew Speaker:</b> S. Nancy Corcoran, CSJ (Ch. 901) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 901) 10:45 <b>Jubilee Mass</b> (Chapel) 2:00 Chair Yoga (Ch. 901) 2:00 <b>Luck of the Irish Pass</b> 3:00 <b>Harp &amp; Contemplative Prayer</b> (Ch. 901)	18 9:30 <b>Spiritual Reflection</b> (Ch. 901) 10:45 <b>Jubilee Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 1:1 Nail Care 2:00 <b>All Request Hour</b>	19 <b>Feast of St. Joseph</b> 10:15 <b>Rosary</b> (Ch. 901) 10:45 <b>Jubilee Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 <b>Bingo on Marian</b> 5:30 <b>Movie Night</b> (Ch. 901) 	20 9:00 <b>Lutheran Service</b>
21 10:30 <b>Mass</b> (Ch. 901)	22 9:30 <b>Spiritual Reflection</b> (Ch. 901) 10:00 <b>Music Therapy</b> (AR) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 Nazareth News(Ch. 901) 3:00 <b>Prayer Service</b> (Ch. 901) 3:30 <b>Noodleball</b> (AR)	23 10:00 <b>BHS Memorial Service</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:00 Stations of the Cross (Ch. 901) 2:00 Catholicism Series – Part 8 (Ch. 901) 3:00 <b>Reminiscence – Spring</b> (AR)	24 9:30 <b>Saints Alive–Live Anew Speaker:</b> Santa Cuddihee (Ch. 901) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 901) 11:00 <b>Mass</b> (Chapel) 2:00 Chair Yoga (Ch. 901) 2:00 <b>Science Trivia</b> (AR) 3:00 <b>Harp &amp; Contemplative Prayer</b> (Ch. 901)	25 9:30 <b>Spiritual Reflection</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 <b>Root beer Floats</b>	26 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 <b>Bingo on Marian</b> 5:30 <b>Movie Night</b> (Ch. 901)	27 9:00 <b>Lutheran Service</b> 1:00 <b>Movie</b>
<b>Palm Sunday</b> 28 10:30 <b>Mass</b> (Ch. 901)	29 9:30 <b>Spiritual Reflection</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Chair Exercise (Ch. 901) 2:00 Nazareth News(Ch. 901) 3:00 <b>Prayer Service</b> (Ch. 901) 3:30 Balloon Swat (AR)	30 10:15 <b>Rosary</b> (Ch. 901) 11:00 <b>Mass</b> (Ch. 901) 1:15 Stations of the Cross (Ch. 901) 2:00 Catholicism Series Part 9 (Ch. 901) 3:00 <b>Wii Gaming Hour</b> (AR)	31 10:15 <b>Divine Mercy Chaplet</b> (Ch. 901) 11:00 <b>Mass</b> (Chapel) 2:00 Chair Yoga (Ch. 901) 2:00 <b>Ocean Trivia</b> (AR) 3:00 <b>Harp &amp; Contemplative Prayer</b> (Ch. 901)	 <b>Nazareth Living Center</b> <b>6 Nazareth Lane</b> <b>St. Louis, MO 63129</b> 		

*Please check the designated location of activity in parentheses () following the activity name. Activities are subject to change.*