

# St. Joseph Manor, 2<sup>nd</sup> floor

# January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p style="text-align: center;"><i>Nazareth Living Center 4 Nazareth Lane St. Louis, MO 63129</i></p>				<p style="text-align: right;">1</p> <p>10:30 <b>Mass</b> 1:00 Exercise w/ Cindy 1:30 Movie: "Hundred-Foot Journey"</p>	<p style="text-align: right;">2</p>
<p style="text-align: right;">3</p> <p>10:30 <b>Mass</b></p>	<p style="text-align: right;">4</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Nazareth News w/Laura 3:00 Prayer Service</p>	<p style="text-align: right;">5</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Ken Burns: The West (4)</p>	<p style="text-align: right;">6</p> <p>10:15 <b>Divine Mercy Chaplet</b> 11:00 <b>Mass</b> 2:00 Chair Yoga w/ Michelle 3:00 <b>Holy Hour</b></p>	<p style="text-align: right;">7</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Songs for Winter</p>	<p style="text-align: right;">8</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 5:30 Movie Night</p>	<p style="text-align: right;">9</p> <p>1:00 Movie: "Flannery O'Connor"</p>
<p style="text-align: right;">10</p> <p>10:30 <b>Mass</b>  Take Library material to bin on your floor</p>	<p style="text-align: right;">11</p> <p>8:00 Bookmobile 9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Nazareth News w/Laura 3:00 Prayer Service</p>	<p style="text-align: right;">12</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Geography Trivia</p>	<p style="text-align: right;">13</p> <p>10:15 <b>Divine Mercy Chaplet</b> 11:00 <b>Mass</b> 2:00 Chair Yoga w/ Michelle 3:00 <b>Holy Hour</b></p>	<p style="text-align: right;">14</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 All Request Hour</p>	<p style="text-align: right;">15</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 5:30 Movie Night</p>	<p style="text-align: right;">16</p>
<p style="text-align: right;">17</p> <p>10:30 <b>Mass</b></p>	<p style="text-align: right;">18</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Nazareth News w/Laura 3:00 Prayer Service</p>	<p style="text-align: right;">19</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Ken Burns: The West (5)</p>	<p style="text-align: right;">20</p> <p>10:15 <b>Divine Mercy Chaplet</b> 11:00 <b>Mass</b> 2:00 Chair Yoga w/ Michelle 3:00 <b>Holy Hour</b></p>	<p style="text-align: right;">21</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Musician Biography – Hank Williams</p>	<p style="text-align: right;">22</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 5:30 Movie Night</p>	<p style="text-align: right;">23</p> <p>1:00 Movie: "Pavarotti"</p>
<p style="text-align: right;">24</p> <p>10:30 <b>Mass</b>  Take Library material to bin on your floor</p>	<p style="text-align: right;">25</p> <p>8:00 Bookmobile 9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Nazareth News w/Laura 3:00 Prayer Service</p>	<p style="text-align: right;">26</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Holy Family Trivia</p>	<p style="text-align: right;">27</p> <p>10:15 <b>Divine Mercy Chaplet</b> 11:00 <b>Mass</b> 2:00 Chair Yoga w/ Michelle 3:00 <b>Holy Hour</b></p>	<p style="text-align: right;">28</p> <p>9:30 <b>Spiritual Reflection</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 2:00 Distant Drumming</p>	<p style="text-align: right;">29</p> <p>10:15 <b>Rosary</b> 11:00 <b>Mass</b> 1:00 Exercise w/ Cindy 5:30 Movie Night</p>	<p style="text-align: right;">30</p> <p>Happy Birthday Sr. Mary Shryock!</p>
<p style="text-align: right;">31</p> <p>10:30 <b>Mass</b></p>						

Please tune to channel 901 unless noted. All activities subject to change.